An Investigation Report on the Interpersonal Communication Ability of College Students in Henan Province under the Background of Internet

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Abstract: Internet is gradually changing the human life, especially college students are leading the trend. As a new communication mode, network communication meets the needs of contemporary college students, but also weakens their practical communication ability. Through investigation and research, this paper analyzes the present situation of interpersonal communication among college students in Henan Province under the background of Internet, and puts forward some feasible suggestions.

1. Investigation Background

Since China entered the Internet era in 1994, people's lives have been changed gradually. In particular, the pursuit of novelty, fashion youth students as the mainstream young people, become the backbone of the network. The percentage of college students owning cell phones and computers is as high as 99 percent and 75 percent, according to an authoritative department study. We do not rule out that the Internet is the second classroom for college students to acquire information and learn knowledge, but there are not a few students who choose online entertainment. What is worth paying attention to is that the Internet has changed the life of a generation, network communication as a new communication way to meet the needs of contemporary college students, but It also weakens their ability to communicate in reality. Secondly, the tragedy of college students' suicide caused by falling into the net loan is also staged again and again. Therefore, it is urgent to investigate and study the interpersonal communication status of college students in Henan province under the background of Internet.

2. Survey Design

2.1 Objective of Survey.

The purpose of this questionnaire is to investigate the present situation of interpersonal communication ability of college students in Henan Province under the background of Internet, so as to adjust teaching contents, improve teaching methods, update educational ideas and enrich educational means, and create more targeted environment and platform. It helps to improve the interpersonal communication ability of college students and lay a solid foundation for their future career development.

2.2 Respondent.

We divide Henan universities into regions: central Henan, East Henan, Western Henan, North Henan, South Henan, and then include Zhengzhou University, Henan Institute of Animal Husbandry and Economics, Henan University of traditional Chinese Medicine, Pingdingshan College, Henan University, Henan normal University, The literature, science, engineering, agriculture and medicine of Shangqiu Teachers College, Luoyang Teachers College, Anyang Polytechnic Institute, Hebi Vocational and Technical College, Xinyang Agriculture and Forestry College, Zhumadian Vocational and Technical College, Nanyang Teachers College, etc., A total of 660 students majoring in law and other major were investigated, 660 paper questionnaires were

distributed and 645 questionnaires were collected. The effective rate of the questionnaires was 98.

2.3 Investigation Content.

Design survey questions including single selection and multiple topics. The contents of the design and investigation include communication object, communication ability evaluation, online time, traditional interview change, network communication and communication efficiency, etc.

2.4 Investigation time.

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3. Investigation and Analysis

This investigation all uses paper questionnaire, hand fill out. After the questionnaire was collected, the results were recorded manually and the results were obtained by the professional SPSS statistical analysis system.

4. Single Topic Selection.

Table 1 Single Topic Selection

Communication situation option percentage	Communication performance results							
1. No Internet or cell phone, lonely?	not have	15.6	Often.	21.2	once in a while	56.4	Always.	6.4
2. Your communication skills	Very strong.	7.9	Stronger	26	same as	56.3	Weaker	9.8
3. Network communication and chat effect	preferably	55.4	unsatisfactory	23.6	Regardless of the effect, kill the time	14.1	Very bad.	6.9
4. Traditional interview changes	giant	22.3	No change.	32.4	non constant	34	desalination	11.4
5. access time	Less than 1 hour	7.1	1-3 hours	26.8	More than 3 hours	44.7	Always online	20.8
6. Ways to get to know new friends	Join a community	36.4	Social tool account	31.3	Request a telephone number	9.52	Introduction by a friend	22.8
7. Whether or not to follow social etiquette	Stick to	50.9	Network random comment	9.5	as appropriate	34.3	Network avulsion	5.4
8. Contact between parents and relatives	Write	5.9	QQ WeChat video	34.5	Voice chat on the phone	51. .2	meet	8.4
	Email							

From the data of question 1 and question 2, it can be seen that, without internet or mobile phone, college students often have or occasionally have loneliness rate of 21.2% and 56.7% respectively. The total was 84.4%, with only 15.6% of students not feeling lonely. College students' assessment of their own communication ability: the selection rates of strong and strong were 7.9% and 26%, and the average and weak rates were 56.3% and 9.8%, respectively. The last two items sum up to 61.6, which is basically consistent with the conclusion of one question. It can be seen that the psychological status and communication ability of college students must cause us. Attention, because of poor communication skills resulting in a higher sense of loneliness. Similarly, with mobile phones, whether college students are not lonely, also worth pondering, we have interviewed students, found that mobile phones can not relieve a significant number of students feel lonely.

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From the data of 6 questions 7 and 8, it can be seen that college students meet new friends by participating in community activities (36.4%), social media accounts (31.3%), friends' introductions (22.8%), and asking for telephone numbers (9.52%). It accords with the fact that the range of

college students' activities is relatively narrow and the degree of socialization is on the low side. College students can adhere to social etiquette in communication (50.9%), comment at will, and join the network as appropriate (49.1%), which can partly explain why the network communication is not satisfactory. In addition to the communication awareness and language skills of the communication subject, and some people do not follow the network of social etiquette has a major relationship. Communication with parents (5.9%), QQ WeChat video and voice chat "screen social") (85.7%), meeting (8.4%). You can see that "screen social" is quite popular, but the actual effect is not ideal. We interviewed some of our students: I sometimes lost control of my emotions and said hurtful things when I called or talked with my parents, and finally I had to go home. Meet with your parents, a hug, nothing for the holidays. In short, screen socializing is no substitute for an interview.

5. Multiple Topics

Table 2 Multiple Topics

Communication situation	option	percentage	option	percentage	option	percentage	option	percentage	option	percentage	option	percentage
Social friends' way of knowing	Introduction by students	78.7	Township association	43.3	Part-time or part-time work	54	Network stranger	24.1	Community account number	46.4	Write a letter or E-mail	8.4
Internet purpose	Study or search for information	80.7	Make friends and chat	77.4	Watch news and current affairs	71.8	Entertainment	70.9	online store	12.3	online shopping	42.4
Which communication skills are important	listen for	83.2	To speak succinctly and clearly	67.9	Timely and appropriate questioning	78.5	No interjection	39	No preconceptions	36.6	Timely feedback	45.1
Choose the reason of network communication	You can talk and work.	71.8	Multiple layer video chat	67.9	Reduce the embarrassment of face to face communication	58.5	Hide one's true identity	23.4	Free or cheap	40.2		
Network communication insufficiency	Waste more time talking to save time	49.8	Connection-dependent network stability	39.8	The concealment of network identity can not judge the true or false	73.3	Don't want to communicate.	57	Fighting chart causes ineffective communication	38.2	The huge amount of information increases the screening cost.	34.8
Ways of resolving contradictions	Write or send a letter E-mail	19.9	Using QQ WeChat	74.1	phone	71.6	Meet and talk	64.4	Don't want to communicate.	14.1		

The ways in which college students make friends in society include: students introduce themselves (78.7%), part-time or part-time work (54.0%), social accounts (46.4%), rural associations (43.3%), social accounts (46.4%), rural associations (43.3%), social accounts (46.4%), Network strangers (24. 1%) or E-MILL (8. 4%) show that college students make social friends in a variety of ways.

The main purposes of college students were to study or find information (80.7%), make friends and chat (77.4%), watch news and current affairs (71.8%), entertain (70.9%), buy online (42.4%), and make friends and chat. Open a shop (12.3%). From the data we can see that except for the first item, the other options are surprisingly consistent with the items that we usually know about students who spend the most time on the Internet. It can be seen that the vast majority of college students do not have a clear purpose of surfing the Internet. They spend a lot of time on making friends, chatting and entertainment, but feel lonely and bored**.**

College students think that it is important to achieve the desired communication goal: listening (83.2%), asking questions timely and moderately (78.5%), concise and clear speech (67.9%), listening (83.2%), and clear speech (67.9%). Timely feedback (45.1%), no interjection (39.0%) and no preconceived (36.6%). Thus, college students can rely on intuition, their own communication experience and social experience, to make the right choice. However, it is not enough to just realize the importance of listening skills, but also need in the actual interpersonal communication, more careful experience, careful practice, gradually improve their own Ability to communicate, and then learn to enjoy the fun of communication.

The reasons for college students to choose online communication and communication were as follows: working while chatting (71.8%), convenient video chat (67.9%), and reducing the embarrassment of face-to-face communication (78.5%). Free or low price and high quality communication mode (36.6%), hide their true identity and intention (39.0%). It can be seen from

this that the reasons for college students to choose online communication and communication are time-saving, saving money and convenience, as well as high-quality and diversified ways of transmitting and communicating information, which is the inexorable charm of network communication. According to media reports, WeChat has 900 million visitors a day.

Compared with the traditional (face to face) communication mode, college students can not judge the truth or false because of the network identity hiding (73.3%), because the communication effect is not satisfactory (57.0%). In order to save time and waste more time on chat (49.8%), Zhaopin.com relies on network stability (39.8%), and boredom leads to ineffective communication (38.2%). It can be seen that college students are aware of the disadvantages of network communication, but few students can control it rationally.

When college students have conflicts with their classmates or friends, how to communicate: using QQ, WeChat (74.1%), making phone calls (71.6%), meeting and talking (64.4%), writing letters or sending Email (19.9%). Do not want to communicate (14.1%). It can be seen from the data that, when there are contradictions, the percentage of students choosing "screen social" is still high, but if the two sides can not solve the problem through "screen social", the rate of meeting and talking is much higher than that of single topic. This is an interesting phenomenon.

6. Investigation Results and Thinking

From the above survey on the interpersonal communication ability of college students in Henan Province under the background of Internet, it is not difficult to see that the college students have realized that they are unable to do what they can do in their interpersonal communication, and they are lonely, lost, addicted to the network, and unable to communicate smoothly. 1. The self-assessment communication ability is weak, the loneliness is higher (84.4%), the Internet time is too long, the interview desalination, the reduction and the cancellation and so on phenomenon. 2. Internet communication is a popular medium for college students, but "screen social" also has many problems: the uncertainty of network identity is hidden, the communication effect is not ideal, and the result of chat is counterproductive to save time. 3. Irrational use of the network The information literacy is too low.

This paper analyzes the problems existing in the psychological cognition and practical ability of college students in Henan Province. The main reasons are as follows:

6.1 The Weakening and Lack of Self-discipline Has Led College Students to Indulge in The "Network world".

Undeniably, the network world is rich and colorful, has many temptations, the self-management ability is not strong student indulges in the game or the video, alone, its joyful, but these virtual world "network talent", Often is the real world "introverted me". In self-communication, self-respect (or inferiority), let alone communication with others. In the end, nothing was achieved in school and even dropped out of school. Some students even choose to commit suicide because of the plight of the network loan, which is how sad it is for the college students who are about to enter the society to become the pillars of society, but also the heavy loss of higher education in Henan Province.

6.2 The Lack of Information Literacy Education Makes College Students Fall Into Misunderstandings.

Information literacy refers to the ability of people to judge when and how to obtain, evaluate and utilize information effectively, to think creatively and to solve practical problems. Therefore, college students must learn to search for information related to study and work, not to stay in front of irrelevant information and boring information, and to learn to "information diet". In a word, if college students lack self-thinking, simplify and discard the essence of the dregs, they can not get the knowledge in the real sense, nor can they effectively change their own intelligence level. This is a difficult problem for most college students and requires reasonable teachers and parents. Guidance and appropriate intervention.

6.3 Pride And "Self-centeredness" Are Not Conducive to Effective Communication.

Confucius said that "habit becomes natural, less small as nature", as the main body of communication of college students, personal psychological state of interpersonal communication plays a pivotal role. Many college students now come from only-child families. The superiority of living environment and the doting of family members make them gradually become conceited and self-centered. Even in families with limited financial means, parents would rather bitter themselves than their children. Under the influence of this kind of thinking, raised children are no exception. But what we have to face is that good interpersonal communication is based on the equality of personality and friendship between two or more people. The premise of mutual appreciation. College students'"self-centered" psychological patterns and behavior habits often lead to the deviation of psychological cognition and the lack of communication skills in interpersonal communication, which is not conducive to the achievement of effective communication.

7. Findings and Recommendations

As General Secretary Xi Jinping pointed out: in today's era, economic globalization and the rapid development of social informatization, but the telephone, the Internet can never replace face-to-face communication and exchanges between people, rooted in human friendship, is unbreakable. The results of this survey make us understand more clearly the current situation of the interpersonal communication ability of college students in Henan Province under the background of the Internet, and realize that we should adjust the educational plan and create a more targeted environment and platform. It is imperative to help college students improve their interpersonal communication skills as soon as possible.

It is suggested to increase the description of the cultivation of interpersonal communication ability and adjust the relevant curriculum to meet the needs of college students in improving their interpersonal communication ability.

It is suggested that teachers should take the students' growth and development as the central idea, guide and intervene the college students on the Internet reasonably, carry out various kinds of communication and communication training activities in and out of class, and promote the enhancement of students' interpersonal communication ability.

In short, the more developed the virtual world, the more valuable the real world is. College students are the wealth of the times and future successors. Their ability to communicate and connect to the real world will nourish their healthy growth and, in turn, promote the innovation and healthy development of the whole society. Therefore, to promote the students' self-system and social system of connection, agitation and symbiosis, benign interaction, then Henan and even the whole of China's future must be bright!

Acknowledgement

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